

Subject:	GCSE Physical Education (PE)
Exam board:	Pearson Edexcel
Specification:	https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/Specification%20and%20sample%20assessments/GCSE-physical-education-2016-specification.pdf
How students will be assessed:	<p>Component 1: Fitness and Body Systems:</p> <p>Written examination: 80 marks – 1 hour 30 mins</p> <p>36% of the qualification</p> <p>80 marks</p> <p>Content overview</p> <ul style="list-style-type: none"> ● Topic 1: Applied anatomy and physiology ● Topic 2: Movement analysis ● Topic 3: Physical training ● Topic 4: Use of data <p>Component 2: Health and Performance:</p> <p>Written examination: 1 hour and 15 minutes</p> <p>24% of the qualification</p> <p>60 marks</p> <p>Content overview</p> <ul style="list-style-type: none"> ● Topic 1: Health, fitness and wellbeing ● Topic 2: Sport psychology ● Topic 3: Socio-cultural influences ● Topic 4: Use of data <p>Component 3: Practical Performance</p> <p>Non-examined assessment: internally marked and externally moderated</p> <p>30% of the qualification</p> <p>105 marks (35 marks per activity)</p> <p>Content overview</p> <ul style="list-style-type: none"> ● Skills during individual and team activities ● General performance skills <p>Component 4: Personal Exercise Programme (PEP)</p> <p>Non-examined assessment: internally marked and externally moderated</p> <p>10% of the qualification</p> <p>20 marks</p> <p>Content overview</p> <ul style="list-style-type: none"> ● Aim and planning analysis ● Carrying out and monitoring the PEP ● Evaluation of the PEP

Recommended revision guide:	https://qualifications.pearson.com/en/qualifications/edexcel-gcses/physical-education-2016.resources.html?filterQuery=category:Pearson-UK:Publisher%2FPearson
Other useful links:	GCSE Pod - https://members.gcsepod.com/content?subject_id=6022&exam_board_id=1011 BBC Bitesize – https://www.bbc.co.uk/bitesize/examspecs/zxbg39g Revision World – https://revisionworld.com/gcse-revision/pe-physical-education
Period 6:	Thursday A week 3:15 – 4:15
AP1 November	Paper 1 and Paper 2
AP2 February	Paper 1 and Paper 2